

Resource List

SPA 6 & 7-South and East Los Angeles

Dial 211 for information about many different general services or visit www.healthycity.org

Department of Public Services-Offering programs in CalFresh, CalWorks, Medi-Cal & General Relief

Florence
1740 E. Gage Ave. 90001
(323)586-7379

South Central
10728 S. Central Ave. 90059
(866)613-3777

Norwalk
12727 Norwalk Blvd. 90650
(866)613-3777

Social Security Administration: (800)772-1213

Avalon: 12429 S. Avalon Blvd. 90061
Norwalk: 12440 E. Imperial Highway. 90650

Domestic Violence Shelter

Angel Step-Inn Shelter-
Confidential address
(323)780-4357

Family Crisis Center
2116 Arlington Ave. #200 90018
(323)737-3900 *4 emergency shelters, call for addresses*

Food Resources: Food stamp government program call (877)597-4777 or go to Lafoodpantry.org/Lafoodbank.org for other pantries/banks throughout LA County.

Cover the Homeless Ministry
1332 S. Orange Dr., 90019
(323)931-5468 *M-Fri: 12pm*

Victory Baptist Church *no ID required, arrive early*
4802 South McKinley Ave. 90011
(323)231-2424 *Friday 7:30-9:30am

TRUST South L.A.
4331 South Main St. 90037
(323)233-4118 *M&Th 12-2pm

Margaret Travis Senior Center *Walk-in, arrive early*
4855 Tweedy Blvd. 90280
(323)357-9662 *3rd Monday of the month 1-3pm*

Norwalk Social Services Food Pantry-hygiene
11929 Alondra Blvd. 90650
(562)929-5544 *Tues,Th: 10am-3pm*

Cory's Kitchen-Calvary Chapel *No ID required*
8110 Paramount Blvd. 90660
(626)715-4441 *1st & 3rd Thursday 6-7:30pm

The Lord's Church
9701 Flower St. 90706
(562)866-8283 *2nd & 4th Wed:4:30pm-6pm*

First Christian Church *Walk-in/call to apply, no ID*
10900 La Reina, 90241
(562)862-2438 *Saturday 9am-12pm

Fremont Wellness Center & Community Garden
7821 S. Avalon Blvd. 90003
(323)579-1474 *2nd & 4th Wed:9am*

United University Church *No ID required*
1053 W. 23rd St.
*Th: 8-11am

Salvation Army *No ID required*
7651 S. Central Ave. 90001
*M, W, Fr: 10am-12:45pm & 2:15-5:45pm

Our Saviour Center
4368 Santa Anita Ave., 91731
(626)579-2190 *Tu, Thu: 10am-1pm*

Rosewood Church
10115 Rose St.
(562)925-3706 *Thu:10am-1pm*

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Showers

Mt. Tabor Missionary Baptist Church
6614 S. Western Ave.
(323)753-2189 *W:9am-1pm*

VOA Pathways
3804 Broadway Pl.
(213)389-1500 *M:8:30-11:30am*

Calvary Baptist Church-**Breakfast @8am**
14722 Clark Ave.
(562)804-2189 *7:30-9:15am*

Medical Care

South Central Family Health Center-**primary, dental, behavioral, women's, men's health** *Will not turn down if unable to pay*
4425 S. Central Ave. 90011
Make an appointment M-Sa: 7am-6pm (323)908-4200

JWCH-Wesley Health Centers-**counseling, testing, primary, behavioral health** *Will not turn down if unable to pay*
12360 Firestone Blvd. 90650
Make an appointment M-F: 8am-5pm (866)733-5924

Central City Community Health Center-**dental, chiropractic, HIV services, psychiatry, counseling, mental health, MAT**
5970 S. Central Ave. 90001
Make an appointment M-F: 8:30am-5:30pm Sa: 8:30am-2:30pm (323)234-3280

TCC Family Health Center *Will not turn down if unable to pay*
17660 Lakewood Blvd. 90706
Make an appointment M-Th: 7am-7pm F: 7am-5pm Sa: 8:30am-12:30pm (844)822-4646

Christian Fellowship Church-St. John's Mobile Health Clinic
9603 Belmont St. 90706
Call to make an appointment (562)804-2189 *2nd & 4th Thursday 7am-3pm*

MLK Community Hospital
1680 E. 120th St. 90059
(424)329-8942

Fremont Wellness Center-**dental**
7821 S. Avalon Blvd., 90003
(323)789-5610
M-Fri:8am-5pm

L.A. Community Hospital-Norwalk-**counseling, blood testing, ER (walk-in)**
13222 Blomfield Ave., 90650

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HIV Services & Testing

Alta Med Health Services-**medical, pharmacy**
9436 E. Slauson Ave. 90660
(562)949-8717

AIDS Health Foundation-**blood testing**
2146 W. Adams Blvd.
(323)766-2170 *M, W, Th, Fri:12-8pm

Hubert Humphrey Main St Clinic
5850 S. Main St. 90003
(323)846-4312

Oasis Clinic-**DREW Clinic offers other public services**
1807 E. 120th St. 90059
M,W,Th:8am-4:30pm Tu:8am-8pm Fri:8am-1pm
(424)338-2929 x 5812 John Forbes

Methadone/Suboxone

BAART-**methadone, Subutex**
4920 Avalon Blvd. 90011
(323)235-5035

Matrix Institute-**Subutex, suboxone, outpatient,**
5220 W. Washington Blvd. 90016
(323)933-9186

Aegis Medical Systems Inc.-**methadone, Subutex, suboxone, outpatient, inpatient, counseling**
14240 Imperial Hwy. 90638
(562)946-1587
M-Fri:5-9am, 10am-1:30pm Sat:6-10am

LGBTQ Center South-**MAT services, testing, prevention, call for other services**
2313 W. MLK Jr. Blvd. 90008
(323)993-7622

L.A. Community Health Project
1151 N. Western Ave., 90029
Suboxone services
Nick Angelo (213)568-3542 M-Fri:9am-5pm

Detox

Tarzana Treatment Centers-**inpatient, outpatient, detox, sober livings**
18646 Oxnard St. 91356
(888)777-8565

BHS-Redgate-**drug court programs, inpatient, outpatient, counseling**
1775 Chestnut Ave. 90813
(562)599-8444

BHS-American Recovery
2180 W. Valley Blvd. 91767
Call for intake (909)865-2336

Residential Drug & Alcohol Treatment Programs

House of Uhuru
8005 S. Figueroa St. 90003
(323)568-5400 M-Fri:8am-5pm

Salvation Army Bell Shelter
5600 Rickenbacker Rd. 90201
(323)263-1206

Mini 12 Step House-**Women only, counseling**
303 E. 52nd St. 90011
(323)232-6228

Canon Human Services-**legal services**
9705 Holmes Ave. 90002
(323)249-9097

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Homeless Shelters/Drop-in centers: Call the LA County Shelter Hotline (800)548-6047 for other locations and hours.

First to Serve-**transitional housing**

1718 W. Vernon. 90062

Intake M-Th: 8am-3pm Fri:8-11am Margarita Vasquez (323)903-5195x130

Special Services for Groups *walk-ins accepted*

5715 S. Broadway Blvd. 90037

Call Victor James (323)948-0444

M,W,Fri:8am-4:30pm Tu,Th:12-9am

Bell Shelter-**drug/alcohol treatment, emergency shelter**

5600 Rickenbacker Rd. 90201

Call Frances Delgado (323)263-1206x224 or Paula

(323)263-1206x223

New Image Emergency Shelter

8720 S. Figueroa St. 90003

Call for inquires (562)822-7657

Union Rescue Mission *Coed* (shelter)

545 S. San Pedro St. 90013

(213)347-6300

The People Concern *24 hours* (drop-in)

527 Crocker St. 90013

(213)488-9559

A Bridge Housing Imperial

2316 E. Imperial Hwy. 90059

Call for intake and assessment (213)252-2500

Community Resource Center (drop-in)

16429 Bellflower Blvd. 90713

Drop in Mon: 1-2pm, T, W, Th: 10-11am&1-2pm

(562)804-2189-**hygiene, DMV vouchers, TAP**

New Hope Shelter

8833 Cedar St. 90706

Main line (562)370-9708 & manager (714)836-7188x144

Lynwood Access Center (drop-in)

11301 Bullis Rd., 90262

(310)886-0490

Victor James (323)948-0444 x148

Athens Park-Home at Last

12603 S. Broadway., 90061

(323)787-7241

Hotlines and Other Assistance

Suicide Prevention Hotline: (310)391-1253

Substance Abuse Resources: (844)804-7500

Addiction Support Hotline: (562)219-4511

Addiction Treatment Hotline: (209)580-6121

Substance Abuse Hotline: (800)864-6600

Detox Assistance: (408)361-3057

LGBTQ Legal Guidance for Survivors: (323)993-7649

Emergency Mental Health Crisis Response Hotline: (213)430-6800 *8am-5pm*

Psychiatric Mobile Response Team: (213)482-3260 or (800)854-7771 *24 hours*

Emergency Shelter Hotline: (800)548-6047

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Trans Wellness Center-safer sex, support groups, legal services, referrals
3055 Wilshire Blvd. #360 90010
(323)993-2900

Metro Reduced Fare Passes: (323)GO-METRO *Seniors, disabled*

Pet Services: K9 Connection with People's Concern
2116 Arlington Ave. #100
(323)334-9000
Downtown Dog Rescue-neuter, vaccine's, leashes/collars, veterinary care
1309 E. 7th St., 90021 AND 2746 W. Florence Ave., 90043
Call for appointment 10am-2pm (323)880-8259